

Trials in the Midst of Rejoicing
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Last week we saw that in Philippians 2:14-18, Paul urges the church not to ‘grumble’ but rather to ‘rejoice.’ In 4:6-7, however, Paul tells them how rejoicing believers respond when trials come. As we unpack this familiar text, we note that Paul gives instruction followed by a promise:

1. The Instruction for Those Who Rejoice

This instruction has two necessary parts:

a. Worry about nothing.

b. Tell God about everything.

How do we “let our requests be made known”?

(1) *“by prayer”*

(2) *“by supplication”*

(3) *“with thanksgiving”*

2. The Promise for Those Who Rejoice

“Peace” will “guard your hearts and minds.”

a. The source of this peace: *“of God”*

b. The quality of this peace: *“surpasses all understanding”*

c. The Mediator of this peace: *“through Christ Jesus”*