

GETTING BACK INTO THE RACE—HEBREWS 12:12–13

Pastor Greg Stiekas

Having admonished the believers in several ways to endure the course given to them by God, the author now summarizes how they are to run, calling them back into the race. This brief text contains three exhortations which summarize the Lord's call to us as a church to run in a way that is pleasing to him:

1. Be encouraged (12:12; cf. Isa 35:3–4).
2. Be righteous (12:13; cf. Prov 4:23–27).
3. Be healed (12:13).