

My Hope Is in the Lord—Psalm 46
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Genuine, unshaken confidence occurs not when we place our hope in God and something else or someone else, but when we hope in God alone. That's the message of Psalm 46, encouraging us to cling to God alone as our refuge and strength.

1. The Confession of Our Confidence in God (1–3, 7, 11)

A. The Scope of our Confession (1a).

“God is our *refuge* and *strength*.”

(1) God is a Fortress who shields us. *our refuge*

(2) God is a Fortitude who sustains us. *our strength*

B. The Sufficiency of Our Confession (1b)

“A very present help in trouble.”

C. The Boast of Our Confession (2–3)

“We will not fear.”

(1) The Logic of this Boast. “Therefore....”

(2) The Extent of this Boast. “Though....”

D. The Certainty of Our Confession (7, 11)

(1) Our certainty is based upon God's resources.

“The *LORD of Hosts* is with us.”

(2) Our certainty is based upon God's faithfulness.

“The God of Jacob is our fortress.”

2. The Gladness of Our Confidence in God (4–6)

3. The Vindication of Our Confidence in God (8–10).