

Matthew 5:21–26

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Matthew 5-7 records Jesus' most famous sermon, "The Sermon on the Mount." In this sermon, Jesus addresses a number of topics that are just as relevant today as they were in the first century. One of the topics He preaches about deals with the sin of anger. Anger is far more pervasive in our lives than we realize; we often excuse our quick-tempered frustrations, angry responses and bitter hearts. Jesus' teaching reveals to us that anger cannot be excused. In Matthew 5:21-26 Jesus teaches three things concerning the sin of anger.

1. Paul's Standard Approach

I. Anger is just as sinful as murder.

A. The Old Testament law addresses murder

B. Christ's clarification concerning the sin of anger

II. Anger obstructs true worship.

A. Worship must be from a pure heart

B. The worshipper must seek reconciliation

III. Anger will plague your soul.

A. Repent of anger quickly

B. God's prison of guilt should drive you to repentance