

Trials in the Midst of Rejoicing (Part 2)

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We have seen that in Philippians 2:14-18, Paul urges the church not to ‘grumble’ but rather to ‘rejoice.’ In 4:6-7, however, Paul tells them how rejoicing believers respond when trials come. As we unpack this familiar text, we note that Paul gives instruction followed by a promise:

1. The Instruction for Those Who Rejoice

This instruction has two necessary parts:

- a. Worry about nothing.
- b. Tell God about everything.

2. The Promise for Those Who Rejoice

“Peace” will “guard your hearts and minds.”

- a. The source of this peace: *“of God”*

- b. The quality of this peace: *“surpasses all understanding”*

- c. The Mediator of this peace: *“through Christ Jesus”*