

“Grieving the Holy Spirit”—Ephesians 4:25-30  
Pastor George Stiekes

To grieve someone is to cause them sorrow, heaviness or hurt, to cause them to be saddened or to mourn. One of the reasons we as Christians grieve the Holy Spirit is our ignorance about Him and His role in our lives. The very fact that the Spirit of God can be grieved clearly reveals that He is a Person and that the believer has a personal relationship to this Divine Person. The believer is to walk in the Spirit (Galatians 5:16) which is to live daily in dependence upon Him.